

ALZHEIMER'S FAMILY CAREGIVER SUPPORT PROGRAM

Providing help for caregivers

The Alzheimer's Family and Caregiver Support Program (AFCSP) was created in response to the stress and needs of families caring for someone with Alzheimer's Disease or other irreversible dementia. The purpose of AFCSP is to make an array of community services available to these families in hopes of enhancing lives and keeping people in their homes as long as possible.

HOW DOES THE PROGRAM WORK?

Funds are available in each county for qualified individuals to purchase goods and services needed to care for someone with irreversible dementia.

WHAT DOES THE PROGRAM PAY FOR?

Typical goods and services include:

- Respite care or home care services (personal care assistance, meal prep, medication assistance and monitoring, homemaker services, yard work and snow removal, etc.)
- Emergency response system
- Transportation expenses
- Incontinence supplies
- Home safety modifications
- Medications for dementia
- Home-delivered meals
- Specialized clothing
- Activity or hobby supplies
- Other needed services to help

AFCSP funds are also used to facilitate support groups and offer caregiver education to the community. Each county determines the most beneficial use of their AFCSP funds.

WHO IS ELIGIBLE?

To be eligible the person must meet three criteria:

1. Diagnosis of Alzheimer's disease or a related dementia
2. Reside in a home setting (not facility)
3. \$40,000 max gross income of person and spouse (cost related to the care of the individual can be deducted)

HOW DO I APPLY?

Contact the Jefferson County Aging & Disability Resource Center (ADRC) for more information.

BENEFITS OF RECEIVING HELP

Caring for someone with Alzheimer's disease impacts every aspect of daily life. Preparing and protecting yourself, working to understand your loved one's experience and accepting help from others can help to minimize the hazards and enhance the joys of your caregiving experience. All who give care must also receive care.



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